

The D.A.S.H. **Men's Project** 103 Foxhole Road Paignton, **TQ3 3SU** 01803 669 005 www.craftyfoxcafe.com Charity number 1171977

For Men Are you feeling low? Anxious? No-one to talk to? Come and join our group and meet others who are feeling just like you! Meetings will take place every fortnight, starting Tuesday 3rd September 2019 Please call for more details

Know that you are NOT alone!